

Become a Member Today

We are a nonprofit (501)(c)(3) organization. Thus, your membership dues are tax deductible to the fullest extent of the law.

Type of Membership	Date:	Month / Day / Year
Single <input type="checkbox"/>	\$20	
Family* <input type="checkbox"/>	\$35	<input type="checkbox"/> New
Senior (65 or older) <input type="checkbox"/>	\$16	<input type="checkbox"/> Renewal

Name _____

Address (for the newsletter) _____

City, State, Zipcode _____

Contact Phone _____

Email Address (optional and private) _____

*Name of each member (Family Memberships only) Under 18? _____

Please help us to grow: (optional)

1. How did you hear about us? _____ Friend/Other _____
 Flyer _____ Where: _____

Newspaper _____ Name: _____
 Internet _____ Webpage: _____
 Other _____

2. What are your interests? (ranked from 1 to 4)
 Concerts _____ Contra dance _____ Irish Dance _____ Jamming _____
 Other _____

3. Favorite types of traditional music: Americana/Old Timey _____
 Country _____ Bluegrass _____ Other _____

4. Suggestions? _____

Send this form with your dues to:
 The Living Tradition
 P.O. Box 23176
 Santa Ana, CA 92711-3176

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What is Contra dancing?

Early American settlers brought a rich variety of music and dance to America's shores. As these folks began to work and celebrate together, they combined English & French country dances into a simple dance that could be enjoyed by all. An American folk dance was born.

The dance begins with a row of people standing side-by-side, facing a row of people standing side by side. The facing or "opposing" rows of dancers inspired the name "contra" dance.

When the music begins, the dancers move under the guidance of a Caller. The patterns are simple, but the traditional music & calling keeps contra dancers lively.

Learn, laugh, and lose yourself in contra dance.

Traditional Music

We enjoy and preserve a variety of traditional music, including Celtic, French, English, Scottish, Cajun, Old Timey, Americana, and more. It is usually lively music played by fiddles, mandolins, banjos, recorders, flutes, tin whistles, harps, hammered and/or mountain dulcimers, accordions, modern keyboards, bones, bodhran, spoons, and the washtub and/or string bass, and piano.

Traditional music provided the roots for **Country, Bluegrass, and more.** Today, it is often a fusion of ancient and modern instruments and is enjoyed by all ages.

Enjoy this toe-tapping music at our contra dances and jams

The Living Tradition



*a nonprofit organization
 working for the
 support & preservation
 of traditional music and dance*

**Live Concerts
 Contra Dances
 Irish Dance
 Music Jams**



www.TheLivingTradition.org
Email: livingtradition@hotmail.com